

of the Adventure House group. We started out sitting in the bleachers, but ended up closer to the track. There, we were able to check out the cars and talk with the other fans. We were glad we had a cooler of water with us since it was hot that night at the track.

Thanks to Shadyside Dragway for their allowing us to come and for their continued support of our program. It was another fun night out for everyone who went.

**By Fred Mead**



**Fred Mead at Shadyside Dragway**

4



### **Breathe Easy Live Well Update**

The Breathe Easy Live Well group at Adventure House has just completed the third group using the original project kit. The group will continue to meet but are anxiously awaiting the new project kit that will be out soon. The new kit still focuses on tobacco cessation but has added more information on overall health and wellness. The group has had great success with the program. In the past year and a half we have had many members and staff to quit smoking and there also has also been a great reduction in overall tobacco use by members and staff of the Clubhouse.

**By Diana Boswell**



## Adventure House

924 N. Lafayette St.  
Shelby, NC 28150  
(704) 482-3370

RETURN ADDRESS REQUESTED

Non-Profit  
U.S. Postage  
**PAID**  
Shelby, NC  
Permit #164

# Adventure House News

April-May 2010  
Volume 23 Issue 6



## Table of Contents

### **Clubhouse Outreach in Our Community**

Recently we have been attempting to find new ways to improve our community outreach program for Adventure House. Crystal Byers came up with a great new way to provide outreach in our community and to help bring in new members. This idea would also help by promoting our program and the services we provide for our members. We want people in our Community to become more aware of what we do at Adventure House. The idea presented by Ms Byers was to set up meetings with local providers and present them with information about our Clubhouse. The objective of the meetings will be to introduce the functions of our program as well as all services available for our members. We also will provide handouts on the Clubhouse intake criteria and contact information to set up house tours.

We have already been lucky enough to meet with two providers in our area, Kings Mountain Hospital as well as our local DSS (Department of Social Services). The first meeting was with DSS. A team of members and staff Crystal Byers, Eddie Beauregard, Chastity Hector and Genia Riffe from our Clubhouse were excited to meet with a large group of supervisors as well as social workers from DSS. The meeting went well. Our team provided success stories from members, program functions and information on all of the

services provided at the Clubhouse. We provided them with pamphlets and criteria for intake. The panel of DSS workers seemed very interested in coming to the Clubhouse for a tour and getting to know our program better. They were nice enough to think of our program to donate several handmade quilts for those of us who represented the Clubhouse and even a few extras for anyone who may need one.

The second program we were able to meet with was Kings Mountain Hospital. Our Clubhouse team for this meeting was Crystal Byers and Chastity Hector. Crystal and Chastity went to the meeting with confidence from the good results of the first meeting. The meeting went just as well as the first. We were able to provide them with lots of information about how the Clubhouse functions and about the services we provide at Adventure House. The hospital staff was a nursing supervisor as well as a social worker. They were both interested in our program and intend to set up an appointment for a tour as well.

The members and staff of Adventure House are excited about the new ideas for our community outreach program. We hope the success of the outreach will improve community awareness and give Adventure House recognition for the work being done in our community. We also hope to welcome many new members to our program.

**By Genia Riffe**

Page 1

- Clubhouse Outreach in Our Community

Page 2

- Employment Update
- What Clubhouse Means to Me
- Adventure House Players News

Page 3

- Graduation Congratulations!
- Drag Racing for a Social?

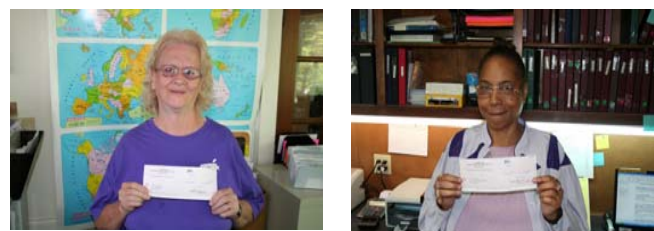
Page 4

- Drag Racing continued...
- Breathe Easy Live Well Update

## Employment Update

Members and staff of the Member Services unit are excited to report that three members have gained employment through the T.E. (Transitional Employment) program at Adventure House. Patricia DuBose, Joyce Fox and Gina Perry have all started their first T.E. placement at the UA Thrift store. They are very happy for their placements and for having the opportunity to work with the public. They are also excited to display many of the skills they have learned while at the Clubhouse. Each member who has worked or is currently working a T.E. knows how it feels to begin a new placement. That is why we encourage them daily to let them know they have our support all of the way. Everyone at Adventure House is proud of them and congratulates them for all of their hard work.

By Crystal Byers



Patricia DuBose, Joyce Fox and Gina Perry  
With their first T.E.P. paychecks



## What Clubhouse Means to Me

What the Clubhouse is to me is a wonderful place to come where I feel safe and know that I am accepted just as I am. I have met many wonderful people here. The members and staff are wonderful to socialize with and are easy to work with. I enjoy helping out in the kitchen unit because I really like working with both of the staff. I enjoy checking in the food

order when it comes in every Tuesday. I like being at the Clubhouse because members and staff help each other. The Clubhouse has been a great support with my education at Cleveland Community College. I have been able to rely on the Clubhouse for transportation to and from classes when I needed it and they always save me a plate when I am in class during lunch.

Last fall I was privileged to attend the 15th International Seminar in Florida with members and staff from Adventure House. It was a wonderful trip and I learned a lot about how and why Clubhouse works so well. It was a great opportunity and learning experience for me. I look forward to the 16th International Seminar in 2011 and hope to be there. The Clubhouse is a main support for me and it keeps me going day by day. That is what it means to me.

By Chris George



## Adventure House Players News

The Adventure House Players are back at work rehearsing on their original script, "Saving Clubhouse Pandora", it was originally scheduled for performance in May, but is now getting ready to be performed on June 22nd. The talent show to raise money for their fictional emergency fund includes comedy skits, singers of various types of music-rap, country, rock, instrumental guitar, etc., dramatic reading,... all to provide an entertaining evening with a surprise ending that will guarantee not a dry eye in the house. The concept of the play and the writing is a collaborative effort between the Adventure House Players and myself. They have worked very hard and everyone will be surprised with the amount of talent that will be showcased on the stage that night.

The Greater Shelby Community Theater has asked the Adventure House Players to

perform a 15 minute sketch of our play that we wrote last year entitled, "One Christmas Eve", for their season opener on October 16th. The play was originally an one-act play that kept evolving into a full length play. We were to perform it last Christmas for Adventure House but by the time we got finished writing it, we didn't have enough time to perform it before Christmas. We plan to perform it during the holidays this year. I asked some of the GSCT (Greater Shelby Community Theater) Board of Directors to preview it and critique it for advice. What they sent back was some suggestions on story line but mostly how impressed they were with the characters and the script. It meant a great deal to everyone involved that they approved of our work. We are not the only ones showcasing original plays at the season opener. Two other playwrights, one who has shown work at Theater Charlotte, will also have their plays performed. This is such an honor for us to be included in such great company. Wish us luck!

By Stan Logan



Adventure House Players  
following a performance at  
Friendship United Methodist Church  
In Fallston, NC

## Graduation Congratulations!

Donna Morris recently completed her GED ( General Education Development) at CCC (Cleveland Community College) and received a High School Diploma Equivalency. The GED curriculum prepares the student in five test areas to measure academic skills in writing, social studies, science, literature and mathematics. She began taking classes at Adventure House in the

ABE ( Adult Basic Education) class and later transferred to GED classes at the Employment Security Commission. She completed her classes at CCC. She is very knowledgeable with computer skills, and plans to enroll in Business Administration classes at Cleveland Community College this fall to pursue her Associates Degree. Donna has been a member of Adventure House for four years. Donna states that " Clubhouse members and staff have been great encouragement and support in achieving her accomplishments." Several members and staff attended Donnas' graduation. Donna was so excited and overjoyed to have her Clubhouse family attend her special day.

By Beverly Dawkins



Donna Morris at her Graduation

## Drag Racing for a Social?

Yes it is true, Adventure House went to the Shady Side Drag Way for test and tune night. It was a fun night that started with BBQ sandwiches at the Clubhouse and ended up with hot rods and tuners battling it out for bragging rights. It makes for an interesting social activity which brings a small but enthusiastic group of fans out to the drag strip.

The track is an eight mile track with Christmas tree starts and signs that tell the elapsed times and speeds. I brought my car a Jahepenia Red 85 Mustang with a 351 Windsor Isky Cam/ Edelbrock intake/ported heads/Mac shorties/ Mac exhaust/ Flow master tips/ Aluminum drive shaft/ 8 point Roll bars. My car runs 8.40's in an 8th mile on Nitto Drag Radials. I raced that evening and did quite well until my car had a blown intake gasket that forced me to the sidelines with the rest